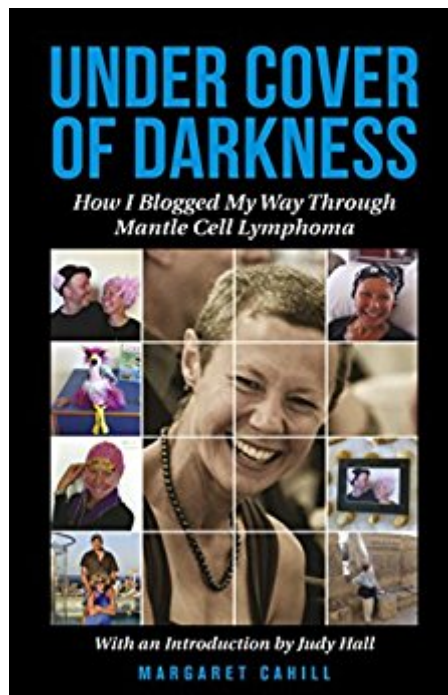




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Under Cover Of Darkness: How I Blogged My Way Through Mantle Cell Lymphoma



Synopsis

Not only is this book an inspiring survival manual for cancer patients, but its humour and objectivity make it a choice read for anyone who enjoys real-life drama and pathos. Diagnosed with Mantle Cell Lymphoma in 2012 the author resorted to a blog to keep in touch with friends, and unwittingly ended up writing about the good, the bad and the ugly side of cancer, which attracted many followers. Is there a good? Very possibly. Bad and ugly, definitely. There is also an extremely funny side - wry observations that brought humour into an otherwise bleak landscape which included chemotherapy and a stem cell transplant. The author is also blessed with a big following from the Mind, Body, Spirit community of which she is a part (including Judy Hall, Anita Moorjani, Dolores Ashcroft-Nowicki); from this outpouring of expert support came advice on nutrition and alternative therapies which help to make this an invaluable source of information for cancer patients and their carers.

Book Information

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Customer Reviews

This is a brilliantly written and highly valuable book, which takes us, blog by blog, from the shocking moment the author receives the possibly terminal diagnosis of Mantle Cell Lymphoma, a rare and aggressive form of cancer, through a long, painful and ultimately successful healing process. Now, if you're a cancer patient yourself, it's more than a highly valuable; it is urgently required reading, for it offers palpable emotional support and numerous tips for healing of a very high order. The author, who happens to be an incredibly gifted writer, as well as a publisher and astrologer, gives us not only her blog posts, but selected responses from her readers to the blogs, as well as some lovely narration in between, giving us a very full picture of all she went through as well as the vast amount of support she received from dozens of friends, colleagues and cancer survivors the world over.

"Love your cancer," suggests one friend who has survived for more than 20 years with a supposedly terminal diagnosis. Easier said than done when it's threatening to kill you in a matter of months! Another friend suggested she see it all as AFOG (Another F***** Opportunity for Growth). One close friend, during a trip to Egypt, invokes, on the author's behalf, the healing deity Imhotep, High Priest of the Sun god Ra. So let's just say potent blessings were pouring in from all quarters, and surely all that love and wisdom played an important role in the author's healing. Ms. Cahill generously shares her raw journey through each chemo session, blood test and bone marrow biopsy, in all its raw medical and human detail. She gives us every nuance of emotion, each dark moment and surprising bit of sparkling humor, and this is the book's stellar feature: it brings the human side of the treatment process straight into our hearts. I admit it was painful to share in the utter exhaustion, the hair loss, nausea, diarrhea and brutal toxicity of her treatment process. And all the more cathartic and joyful when the tests finally come back cancer free. Thank you, Margaret Cahill. It was an honor and blessing to share in your journey!~ Matias Flury, author of "Spiritual Experiments"

Reading this story of Margaret Cahill's experiences, as she deals with the very good and kind people in the NHS would be an experience in itself, but that's not all you're getting here: her own deep wisdom is supported by the wonderful insights and encouragement of her partner, her friends and the writers that are published by her company, The Wessex Astrologer. Margaret does her best to teach the hospital staff how complementary medicine and the right food can support some of the side-effects of the chemotherapy, allowing us as readers to absorb some exciting and radical ideas about cancer treatment. With extraordinary vulnerability, she lays bare her thoughts and allows us

access to her grief, her anger and her courage, much as she downplays it. It's a blog, yes but it's a page-turning thriller too. Please read this book and then give it to anyone you know who's been diagnosed with cancer. And then give it to everyone else, because this book is a master-class in how to live a loving, genuine and dedicated life.

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